

DONOR EDUCATION



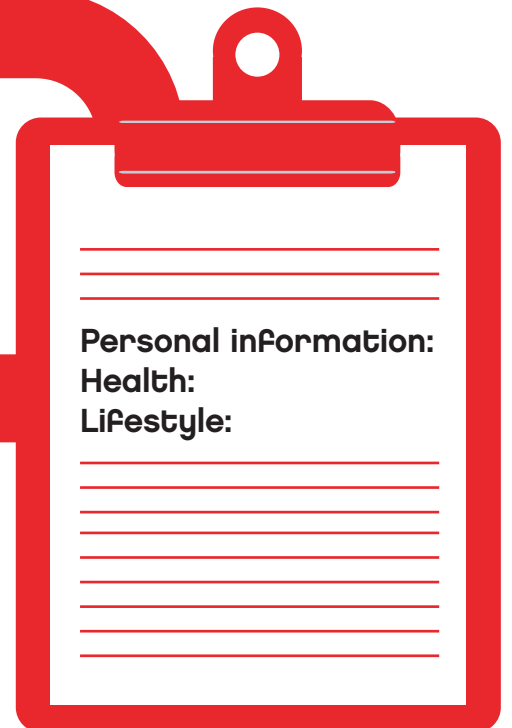
SANBS
South African National Blood Service

1 DONOR CRITERIA:

The minimum requirements to be a blood donor are:

- Must be between 16 and 65 years old;
- Weigh 50kgs or more;
- Lead a sexually safe lifestyle;
- Must be feeling well on the day of donation;
- Must have had a meal or snack within 4 hours prior to donating.

2 COMPLETE QUESTIONNAIRE



3 ONE-ON-ONE INTERVIEW

Interview with a trained staff member who will check your:

- Haemoglobin - finger prick to test (exclude anaemia)
- Blood pressure
- Pulse
- Weight (if appears to weigh less than 50kg)

4 New sterile needle and blood bag is used everytime!

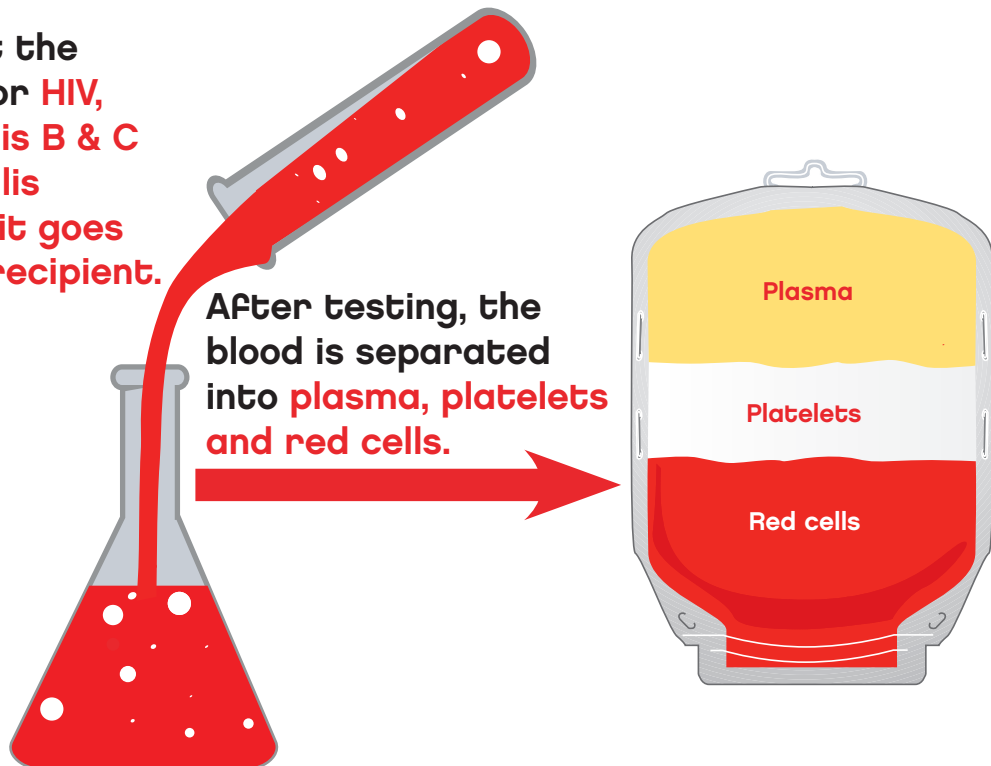


5 It takes approximately 20 minutes to donate blood.



6 TESTING

We test the blood for HIV, Hepatitis B & C & Syphilis before it goes to the recipient.



After testing, the blood is separated into plasma, platelets and red cells.

7 The Recipient (PATIENT)

